

**SUPPORT AND
INFORMATION
PROVIDED BY THE
ANAA**

- The association holds meetings throughout the year with specialist guest speakers.
- A quarterly newsletter with informative information and member contributions.
- Opportunities for members to catch up with others with similar experiences.
- Promotes public awareness of issues associated with Acoustic Neuromas.
- Supports research into Acoustic Neuromas.
- Is affiliated with other similar associations in NZ, USA, UK, Canada.
- Enlists the advice and co-operation of a Specialist Medical Board.

Acoustic Neuroma Association Australia Inc.
Incorporation Act No. A001139R

**A mutual aid and support group
with regular meetings
and newsletters.**

For further information
Visit our website where contact details
for each Australian state are listed.

www.anaa.org.au

info@anaa.org.au

Donations of \$2 or more are tax deductible.

Phone 0490 199 435

**Acoustic Neuroma Association
Australia Inc.**

**Support and Information
for those diagnosed with
an Acoustic Neuroma**



WHAT IS AN ACOUSTIC NEUROMA?

An Acoustic Neuroma is a benign tissue growth that arises on the 8th cranial nerve. The 8th cranial nerve consists of two separate parts, one associated with the transmission of hearing and the other sending balance information to the brain from the inner ear. It is a relatively slow growing tumour, therefore, early detection may at times be difficult.

WHAT ARE THE SYMPTOMS?

There may be several symptoms which may include, reduced or loss of hearing in one ear, ear noise (tinnitus) and poor balance. Larger tumours may produce additional symptoms including headache, facial pain, numbness or twitching, double vision, speech difficulties and swallowing problems. Early diagnosis can improve treatment outcomes.

TREATING AN ACOUSTIC NEUROMA

Upon confirmation of the existence of a tumour, there are several methods of treatment available. Depending upon the size and location of the tumour, the treating specialist may decide not to take any immediate action other than to monitor the situation over a period of time. If however, treatment is necessary, the tumor may be surgically removed or treated by a range of radiation treatments including stereotactic radiotherapy, stereotactic radiosurgery and gamma knife.

MEMBERSHIP OF THE A.N.A.A.

Individuals who have had, or have been diagnosed with an Acoustic Neuroma or other benign tumours affecting the cranial nerves are eligible for membership. Membership is also available to family members or professionals who have an interest in the identification, presentation and treatment of Acoustic Neuromas. A small annual membership fee is charged to support the running of the organisation.

GENERAL MEETINGS

Members and visitors are welcome to attend our meetings held in Melbourne, Perth, Adelaide, Sydney and Tasmania.

These meetings provide a great opportunity to meet and share with other members and hear from a broad range of guest speakers.

See us on Facebook



ABOUT A.N.A.A Inc.

A.N.A.A. Inc. is a not-for-profit organisation which was first established in 1984.

The aims of the Association are:

- To provide support to those who have been diagnosed with an Acoustic Neuroma or other tumours affecting the cranial nerves.
- To gather and provide information to patients and their families.
- To increase the awareness of Acoustic Neuromas.
- To support ongoing Research into the cause of Acoustic Neuromas and its treatment.

For further details relating to membership please contact the association on:

info@anaa.org.au

or visit our website at www.anaa.org.au

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